Treatment Algorithm for Early Degenerative Arthritis & OA of the Knee

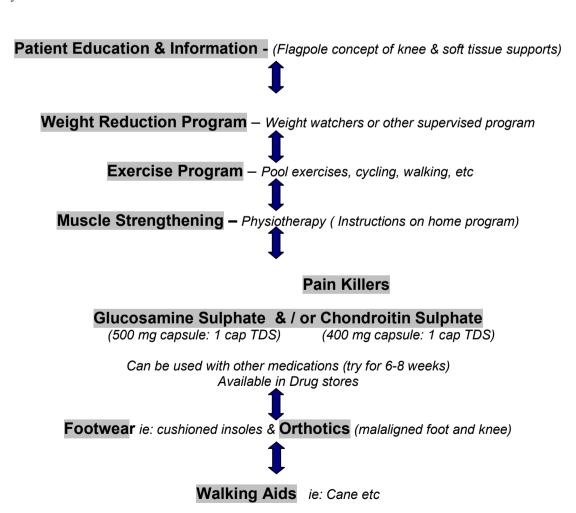


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Brace (Sleeve / unloader if malaligned)



Anti-inflammatory medications & Creams

If no response to pain killers and no contraindications



Hyaluronic Acid Injections (Hyalgan/Synvisc etc)

1 injection per week for 3 weeks (Effective in 75 % of cases for 6-12 months)



Arthroscopy – unknown outcome? Osteotomies – for malalignment Total Knee Arthroplasty – For end stage disease